

C. G. Jung Foundation of Ontario  
PUBLIC EDUCATION PROGRAMME  
2015-2016

Wed., Sep. 16, Nov. 4, Mar. 9, May 11

7:00 p.m.-9:00 p.m.

***The Poetry Corner***

Margaret Meredith

At each session, poems, selected by the participants, are read and discussed. In the process the riches of the poems are revealed. It is also an opportunity to experience the archetypal images which the poet translates into language so that we are touched in the present moment. "This makes it possible for us to find our way back to the deepest springs of Life." (C. G. Jung, *CW15*, para. 130.)

Board Room, Bloor St. United Church, 300 Bloor St. W.

Sun., Sep. 27

2:00 p.m.-4:30 p.m.

***Sugar – Loving and Loathing***

Caroline Duetz

Sugar can be a source of pleasure and comfort as well as a necessary component of many celebrations such as the much anticipated birthday cake. At the same time, sugar creates numerous problems. Health practitioners are finally starting to recognize that too much sugar poses a danger to our health. What is not generally known is that sugar can also be addictive, setting up reactions in the brain that are identical to those observed when we ingest serious drugs such as heroin.

This seminar will examine the symbolism of sugar, explore the psychological needs that can be satisfied by sugar, discuss some of the health-care concerns about sugar, review what is now known about the influence of addictions on the brain and investigate the link between trauma and addictive behaviour.

Arts and Letters Club, 14 Elm St.

Fri., Oct. 16

7:30 p.m.-9:30 p.m.

***A Peek Inside Pandora's Box***

Donna Morrison-Reed

An examination of two of the earliest collective symbolic images of feminine evil in the West, Pandora and her box, will lead to a discussion of the demonization of the feminine. We will also look at the power of collective cultural symbols and their impact upon the individuation process.

Arts and Letters Club, 14 Elm St.

Fri., Nov. 6

7:30 p.m.-9:30 p.m.

***Jungian Ecopsychology and the Green Man***

Laurie Savlov

Jung and modern Jungians have made unique contributions to the field of ecopsychology. These will be discussed along with a detailed look at images of “the foliated face of a man” or a “green man” found in many places around the world, and from many different time periods. The Green Man continues to appear in modern people’s dreams and in modern rituals. This archetypal image of masculine oneness with Nature is intriguing to both men and women. It has been suggested that the Green Man mediates between our imaginative and physical worlds and that he may be a source of inspiration for our creative endeavours. The lecture will explore the stories, images and meanings of this archetype and how we may connect to it as an act of Ecopsychology.

Arts and Letters Club, 14 Elm St.

Sat., Nov. 7

10:00 a.m.-12:30 p.m.

***Mask-making and Meeting the Green Man***

Laurie Savlov

This experiential workshop will enable you to meet the Green Man by entering the state of “masculine oneness with Nature.” Laurie will be teaching guided imagery exercises, and focussing, using pictures, mandalas and music. We will make masks and use them to manifest the energy of the Green Man. Suitable for men and women. All materials are provided at \$10 a head. Bring a journal for writing.

Studio, Arts and Letters Club, 14 Elm St.

Sat., Nov. 14

10:00 a.m.-12:30 p.m.

***Encountering the Authentic Jung***

Robert Black

C. G. Jung has left us an immense body of work, including recordings in English, sharing his concepts and personality. Despite this, the balance he strove constantly to maintain has sometimes been distorted by the lens of the New Age and other ideologies, and by the simple passage of time. This course applies the historical concepts of primary and secondary to the material we have in English to understand him and his message for ourselves, and explores what has happened to that message since his death. Not an historical treatment *per se*, we point to some solid and accurate literature, activities and websites that will convey an authentic Jung to the modern seeker after truth.

Arts and Letters Club, 14 Elm St.

Sat., Nov. 28, Mar. 19, Mar. 26, Apr. 9

1:30 p.m.-3:30 p.m., except Mar. 19: 1:30 p.m.-4:30 p.m.

***The Drama of the Psyche***

Margaret Meredith

In great drama we can witness and experience the profound nature of the psyche. This seminar will begin with an introductory session. Then we will have a dramatic reading of Shakespeare's play, *Measure for Measure*. This will be followed by two afternoons to discuss our reflections and insights with particular attention to the complex relationship between the Self and ego, a central dynamic of the individuation process explored by C.G. Jung.

Texts: William Shakespeare, *Measure for Measure*; Edward Edinger, *The Psyche on Stage; Individuation Motifs in Shakespeare and Sophocles*, pp. 13-41. (This latter is an Inner City Book, 2001.)

The Upper Club Room, Bloor St. United Church, 300 Bloor St. W.

Fri., Dec. 4

7:30 p.m.-9:30 p.m.

***The Dragon: A Mytho-religious History and Psychological Exploration*** Roger LaRade

Ernest Ingersoll, an historian of dragon-lore, writes: "No dragon exists – none ever did exist. Nevertheless a belief in its actuality has prevailed since remote antiquity." This lecture will wander through Dragon-lore and present its archetypal-psychological relevance.

Arts and Letters Club, 14 Elm St.

Sun., Jan. 17

2:00 p.m.-5:00 p.m.

***Cinderella: A Tale of Individuation***

Elisabeth Pomès

*Cinderella* is one of the best known fairy tales. Numerous versions exist. Cinematic adaptations abound: Disney's 1950 animated version, the 1998 movie *Ever After*, and more recently the *Cinderella* of director Kenneth Branagh. Other representations include operas (Rossini's "La Cenerentola" and Massenet's "Cendrillon") and musicals, the 1957 made-for-TV "Cinderella" by Rodgers and Hammerstein, not to mention Prokofiev's celebrated ballet in many different versions.

What is it about the theme of Cinderella that sets up such a resonance in us? What are the archetypes present? What does Cinderella's path of individuation entail? We will focus mainly on the Grimms' version of the fairy tale, exploring the following themes: the Mother figure (mother, stepmother, fairy godmother); the role of father; Cinderella's relationship with her stepsisters; Cinderella's tasks and the help provided her by Nature; and the theme of false bride versus true bride. We'll compare the Grimm brothers' version to Charles Perrault's and watch excerpts of films, opera, and ballet as we explore our subject.

Arts and Letters Club, 14 Elm St.

Fri., Jan. 22

7:30 p.m.-9:30 p.m.

**Jungian Psychology as a Prompt to a New Religious Dialogue** Jane Smith-Eivemark

John Dourley's article, "Humanity, the Trinity's Missing Fourth: the Psychospiritual Implications of Jung's Quaternarian Psyche," serves as a basis for this talk. He writes:

"Jung's psychology demands an elaboration of what is meant by 'spirit' and what Christianity [and other religions] means by the same term. This leads to the more general questions, 'What is spirit?' and, 'What is spirituality?' These questions might best be answered through a search for a meaning of spirit that both Christianity and Jung could share as preliminary to a discussion of how they might seriously differ on the content of the unities worked by the Christian spirit and by the spirit which Jung perceived at work in the contemporary psyche."

While Dourley speaks to Christianity and Jungian psychology specifically, this talk will consider implications for other major religions and the potential gift of Jungian psychology to prompt a new religious dialogue.

Arts and Letters Club, 14 Elm St.

Sat., Feb. 13, Feb. 27, Mar. 5

10:30 a.m.-12:30 p.m.

**Portraits of the Anima**

Graham Jackson

We will survey the many faces of the inner feminine, using as a basis Jung's writings on the anima. Her appearances in myth, poetry, popular music and painting will be discussed.

Arts and Letters Club, 14 Elm St.

Sat., Mar. 12

10:30 a.m.-3:30 p.m.

**Oedipus the King**

Beverley and Austin Clarkson

Oedipus is abandoned at birth by his parents — King Laius and Queen Jocasta of Thebes — who fear a prophecy that their child will kill his father and marry his mother. Oedipus is rescued and raised by the king and queen of neighbouring Corinth. As a young man he unwittingly fulfills the terrible prediction. His crimes bring a plague to the people of Thebes, where he now reigns as king. When the blind seer Tiresias reveals the truth, Queen Jocasta hangs herself and Oedipus puts out his eyes and goes into exile.

No matter how unconscious or remote the wrong, the wrongdoer remains responsible.

Redemption is achieved only when the truth is told and made conscious.

We will discuss the cycle of tragedy: *agon* (contest), *pathos* (passion), *threnes* (lamentation) and *theophany* (rebirth and joy). We will consider the implications of unconsciousness, crime, reconciliation and restitution. And we will deepen our experience with an active imagination exercise followed by drawing with pastels. (No artistic experience is needed.)

We will watch *Oedipus Rex* by Igor Stravinsky (one hour) based on Jean Cocteau's version of the Sophocles drama "Oedipus the King," in the brilliant Japanese production staged by Julie Taymor, with Jessye Norman as Jocasta and Philip Langridge as Oedipus, conducted by Seiji Ozawa.

Arts and Letters Club, 14 Elm St.

Fri., April 15

7:30 p.m.-9:30 p.m.

***Mother Complex, Father Complex***

Graham Jackson

We all have them! A look at the two most frequently encountered complexes, in an attempt to see how they typically function to interfere with people's lives and impede individuation. Careful attention will be paid to the different guises each complex assumes for the most dramatic and unsettling impact on the ego.

Arts and Letters Club, 14 Elm St.

Sat., Apr. 30

10:30 a.m.-1:30 p.m.

***Jung and the East***

Robert Black

C. G. Jung had a high opinion of Eastern insights and what he called the "Eastern psyche" as he sought to understand the Unconscious and its expression in the human past. He drew on Hindu, Buddhist, Taoist, Confucian and other notions to elucidate some of the deeper aspects of his topic. This offering explores some of these, including mandala, yoga, the *Tao te Ching*, *I Ching* and other topics covered in Volume 11 of the *Collected Works*. We will address Jung's concern that some of what these traditions taught was inappropriate for the "less developed" Western mind. This is a preliminary exploration, and participants should feel free to raise their own insights in the time available.

Arts and Letters Club, 14 Elm St.

Fri., May 13

7:30 p.m.-9:30 p.m.

***Olive Tree and Olive Oil: Agents of Change and Transformation***

Angela Pessinis

This lecture examines the symbolism of the olive as both tree and oil in many contexts: mythology, cultural history, religion and art. Emphasis will be placed on the consistent presence of birth, death and rebirth associated with both tree and oil. Lastly, it will look into the olive oil-making process and show how it parallels both the alchemical and individuation processes.

Arts and Letters Club, 14 Elm St.

Mon., Oct. 5, Nov. 2, Dec. 14, Feb. 15, Mar. 14, Apr. 11

7:00 p.m.-9:00 p.m.

**The Jung and Spirituality Group**, convenor Schuyler Brown, will continue to examine *The Red Book* by C.G. Jung.

Board Room, Bloor St. United Church, 300 Bloor St. W.