Public Education Programme
2012-2013
Lectures, Seminars, Workshops

C.G. Jung Foundation of Ontario
ONTARIO ASSOCIATION of JUNGIAN ANALYSTS
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We try hard to keep our website up-to-date. Should a discrepancy with this brochure develop, it will be indicated there as soon as possible.

Locations and Maps

Board Room, Bloor Street United Church, 300 Bloor St. W.:
- Enter church, north side of Bloor Street, between Huron and Madison
- Nearest subway stop: Spadina, on the Yonge-University-Spadina line
- Parking on Madison, Huron and Bloor

Third Floor, 223 St. Clair Ave. West:
- Enter south side of St. Clair
- Nearest subway stops: St. Clair or St. Clair West; take streetcar west or east, respectively
- Limited parking on St. Clair, Warren Rd. and Dunvegan Rd.

The Chapel, Victoria University, 91 Charles St. West:
- Victoria College Chapel is located on the second floor of the main Victoria University building, almost directly behind (south of) the Isabel Bader Theatre.
- There is street parking along Charles Street and St. Mary Street, and public lots accessed from Bloor Street or Bay Street.
- Nearest subway stop: Museum, on the Yonge-University-Spadina line.
Public Education Programme 2012-2013

~ 2012 ~

Seminar
Margaret Meredith
The Poetry Corner
Wed., Sep. 26, Oct. 31, Nov. 28, Feb. 27, Mar. 27, Apr. 24 7-9pm
Board Room, Bloor Street United Church, 300 Bloor St. W.

Poems, like dreams, contain images and symbols, which challenge our thoughts, feelings, memories and imagination. Their symbolic language “has a wider ‘unconscious’ aspect that is never precisely defined or fully expressed” (Jung, Man and His Symbols, p. 4). In The Poetry Corner, we ponder the riches of various poems that encourage connections with our depths.

$120 IN ADVANCE; $25 PER SESSION AT THE DOOR

Fundamentals of Jungian Psychology
7:30-10pm
Fri., Oct. 26 Structure of the Psyche Roger LaRade
Fri., Nov. 23 Persona and Shadow Graham Jackson
Fri., Dec. 7 Animus Caroline Duetz
Anima Tim Pilgrim
Fri., Jan. 11 Typology Robert Black

Third Floor, 223 St. Clair Ave. W.

$100 IN ADVANCE; $30 PER SESSION AT THE DOOR

Workshop
Tissue Paper Collage Workshop Robert Black
Sat., Nov. 3 10am-1pm

Third Floor, 223 St. Clair Ave. W.

Drawing on the insights of the late Jungian analyst Edith Wallace, participants will be invited to create two abstract free-form collages with materials provided. After a break, we will (as a group) share reactions and insights provoked by our creations.

$30 IN ADVANCE; $35 AT THE DOOR
Lecture at 223 St. Clair  
Sanctity and Individuation: St. Francis of Assisi  
Fri., Nov. 9  
Third Floor, 223 St. Clair Ave. W.  
Garden statue saint? There is so much more to Francis of Assisi. Come follow Francis’ quest for individuation.

$20 IN ADVANCE; $25 AT THE DOOR; SUSTAINING MEMBERS FREE - CALL THE OFFICE TO REGISTER  

Film Seminar  
Dancing One’s Own Steps: Collective Restraints versus the Inner Imperative  
Sat., Dec. 1  
Third Floor, 223 St. Clair Ave. W.  
As the film Strictly Ballroom opens, the red curtains part and we sense that, as with a fairy tale, what we are about to witness will be both wildly fantastic and deeply real in archetypal terms. Scott, the young man at the centre of the story, wants to “dance his own steps” instead of following the collective rules of the dance establishment. This film by Baz Lurhman lends itself to a reading on several levels – it provides insights into the creative process as well as the process of individuation and it also highlights the potential connections between personal and social transformation. Scott’s attempts to express an inner imperative create conflict not only outwardly with the dance community but also inwardly as he confronts ego fears about security and collective status. In this young man’s struggles we will recognize various archetypal themes: coming to terms with the parental complexes; developing a relationship with the anima, including distinguishing the true from the false bride; and, initiation into an adult masculinity capable of challenging a patriarchal order. A close study of this film, like the study of a fairy tale, provides an opportunity to step back from the moment-to-moment unfolding of a particular psyche to view a series of such moments in the context of a larger process where one may discern dynamic patterns of the self-regulating psyche in action.

$40 IN ADVANCE; $45 AT THE DOOR
Why Would a Jungian Want to Study the Brain?
Fri., Jan. 25
7:30-9:30pm
Third Floor, 223 St. Clair Ave. W.

This particular Jungian (who is definitely not a scientist) has been fascinated with recent developments in brain research, especially the new brain imaging technology which gives us a picture of how the brain works in a living human being. Out of this fascination comes a lecture which will cover just the basics of this brain research.

We will look at the development of the brain, how it has shaped us and how we can shape it. We will discover what happens on a neurobiological level when we struggle with our complexes and are in despair of ever becoming conscious enough to stop repeating negative patterns of behaviour. We will be encouraged by the brain research which now tells us that analysis and other depth therapies are actually effective. We will also be encouraged to learn that our brains can change in response to new developments and needs in our current lives. We will hear about case examples of people whose brains have adapted to catastrophic injuries in ways that seem almost miraculous.

Therefore it is hoped that by the end of this lecture it will become clear why this Jungian has developed an enduring interest in the inner workings of the brain. A bibliography will be provided.

$20 IN ADVANCE; $25 AT THE DOOR; SUSTAINING MEMBERS FREE - CALL THE OFFICE TO REGISTER

The Eleusinian Mysteries
Fri., Feb. 22
7:30-9:30pm
Third Floor, 223 St. Clair Ave. W.

This lecture will attempt to answer some of the questions surrounding the Eleusinian Mysteries, including questions about the principal goddesses, Demeter and her daughter, Persephone. Does Persephone's descent into the Underworld have something to do with seed and the harvest? What does death have to do with the growth of the grain? What was enacted in these ancient Mysteries? What befell the initiates? What was the role of the sacred mimes? Why are there purification rituals? And, what of the climax of the Eleusinian Mysteries? There always remains something of the ineffable about the Eleusinian Mysteries, but the literature on the topic stresses that the initiates who experience the sublime vision are freed from suffering and are truly blessed.

$20 IN ADVANCE; $25 AT THE DOOR; SUSTAINING MEMBERS FREE - CALL THE OFFICE TO REGISTER
Workshop  
Accessing the Unconscious via Finger-Painting  
Jean Connon-Unda  
Sat., Mar. 2  
1:30-4:30pm  
Location: TBA

Finger paint is a primitive and direct medium of spontaneous expression. The technique is simple and action oriented: while standing, the color is smeared onto dampened paper with the flat of the hand, fist, fingers, wrist or forearm in sweeping body motions. Because the medium does not lend itself to controlled and elaborate detail, it can subvert inhibitions arising from concerns about technical skill. Painters are encouraged to experiment and follow their fantasies as figures and shapes emerge from their markings and the finished pictures can range from the pictorial to the abstract. In this 3-hour workshop, participants will have an opportunity to experiment with finger paint and then reflect on their paintings in terms of what the conscious ego might discover about the deeper processes at work in the psyche.

N.B. Materials cost: $5.
Limit: 8 participants

$30 IN ADVANCE; $35 AT THE DOOR

Lecture/Discussion at 223 St. Clair  
Margaret Meredith  
The Second Half of Life: the View from Here  
Fri., Mar. 8  
Third Floor, 223 St. Clair Ave. W.  
7:30-9:30pm  
Sun., Mar. 17  
Third Floor, 223 St. Clair Ave. W.  
2-4pm

What are some of the shifts in consciousness at this stage? How do these changes affect the individuation process? Are there important developmental tasks unique to the second half of life? By pondering questions such as these with fellow-travellers, insights emerge, which can be fortifying for the journey.

FRIDAY LECTURE: $20 IN ADVANCE; $25 AT THE DOOR; SUSTAINING MEMBERS FREE - CALL THE OFFICE TO REGISTER
SUNDAY DISCUSSION: $20 IN ADVANCE; $25 AT THE DOOR
Lecture at Victoria University
Inviting the Muse: Inspiration and Creativity
Fri., Apr. 19

David Pressault

The Chapel, Victoria University, 91 Charles St. W.

In this lecture, we will take a look at the illusive and unpredictable energy we call inspiration in the creative process. Using references from C.G. Jung, mythology, and contemporary artists and authors, we will try to answer a few questions. What is inspiration? Where does it come from? What are some of the mythical references we can consider to better understand this energy? Is there a proper attitude that invites inspiration? Can we cultivate it, and, if so, how? A short dance will be presented in the second half, followed by a talk about inspiration in the context of making and performing a dance.

$20 IN ADVANCE; $25 AT THE DOOR; SUSTAINING MEMBERS FREE - CALL THE OFFICE TO REGISTER

Seminar
Sand, Water and Silence: Introduction to Jungian Sandplay
Sat., Apr. 27

Helen Brammer-Savlov

Third Floor, 223 St. Clair Ave. W.

Dora Kalff developed Sandplay Therapy with the active support of C. G. Jung. In Sandplay, images are formed in a tray partly filled with wet or dry sand as the therapist sits quietly nearby. Miniatures may be used and the resulting sand scenes allow psychic contents to find embodied form. The Sandplay process invites guidance from the Self during a protected regression into the preverbal matriarchal level of the psyche. The therapist serves as a midwife, receiving the images into a safe and protected space in which conflicting opposites can be united and a healing process becomes progressively evident through the act of play. This seminar will be illustrated with sand pictures and will also include a short film.

Jungian analyst, Helen Brammer-Savlov is currently studying for certification in Sandplay Therapy with the Canadian Association for Sandplay Therapists.

$30 IN ADVANCE; $35 AT THE DOOR
Lecture at 223 St. Clair
Sex and Religion in a Time of Repression
Fri., May 3
Schuyler Brown
7:30-9:30pm

Third Floor, 223 St. Clair Ave. W.

From the vantage point of a twenty-first century view on libido and the relations between sexuality and spirituality, we will consider the life and times of John Henry, Cardinal Newman, with reference to Yale historian Frank Turner’s 2002 book, John Henry Newman: The Challenge to Evangelical Religion.

$20 IN ADVANCE; $25 AT THE DOOR; SUSTAINING MEMBERS FREE - CALL THE OFFICE TO REGISTER
Discussion
Jungian Views on Burning Issues
Sat., May 11 1:30-4:30pm

Third Floor, 223 St. Clair Ave. W.

Our fourth annual analyst-presentation followed by discussion on a current topic. This event is designed to be a fun and relaxed opportunity to encourage the lively exchange of good ideas and generate camaraderie between our members. The three previous events have proven enjoyable for all but each was unique, so we won't try to predict what may happen. We hope to welcome those Foundation members who want a chance to spend time with their Jungian friends and enjoy engaging with provocative ideas. The topic and presenters will be announced on the website and in the Spring 2013 issue of our newsletter Chiron.

Limit: 30 participants

FREE TO ALL MEMBERS. LIMIT OF 30, REGISTRATION REQUIRED.

Discussion Group
Jung and Spirituality
Schuyler Brown

Tuesdays at Third Floor, 223 St. Clair Ave. W.
Tues., Oct. 9, Nov. 20, Dec. 11, Jan. 15, Feb. 19, Mar. 19, Apr. 16 7-9pm

In preparation for tackling The Red Book in 2013-14, the group will be reading John Kerr’s A Dangerous Method and the Freud-Jung Letters. For more details, please contact Schuyler Brown at 416-241-5002. New members are most welcome.

MEMBERS ONLY (FREE)
Become a Member of the C.G. Jung Foundation of Ontario

The C.G. Jung Foundation of Ontario exists to promote awareness of the work of C.G. Jung in this region. It was established in 1970 by James Shaw as the “Analytical Psychology Society of Ontario” or APSO in accordance with then-established norms for Jungian discussion groups. The club sponsored many interesting talks, seminars and workshops, and membership numbers grew.

A strong desire to name the organization after C.G. Jung was conveyed by Shaw to Jung’s heirs, and in 1979 he learned that they preferred, "that these Societies are in the hand of fully trained, competent Jungian analysts, and that they really practise in the spirit of C.G. Jung." He presented this and its implications to APSO's membership in August 1980, which overwhelmingly approved such changes as the establishment of an executive committee with majority analyst membership.

After these significant changes, whose effect was to create a public face for the Ontario Association of Jungian Analysts, the group in March 1982 legally changed its incorporated name from APSO to the C.G. Jung Foundation of Ontario. Premises were rented on St. Clair Avenue West, a Jungian lending library and reference collection was established, and a quarterly newsletter, Chiron, started to be published. A public education programme taught by Jungian Analysts has been offered ever since.

Member support helps greatly to sustain these efforts.

Membership

The original category of “Sustaining Member” ($300 per annum) has been retained in honour of the several dozen people who continue to be major supporters in this way.

All other memberships and renewals are $30 per annum. Thus the student, regular and senior categories are rolled into the single category of Member.

Members receive a charitable donation tax receipt for both the membership payment and for any contribution above the member fee.

Membership benefits include:

- Social and commemorative events such as are announced from time to time;
- Special members-only events such as the Jungian Views on Burning Issues series;
- Library privileges, including book borrowing and written answers from the Librarian for reference questions (Jung quotation sources, bibliography building, research help, etc.);
- 10% discount on books at the Word & Image bookshop;
How events are priced:

- Lectures: $25 at the door. Discount of $5 if paid in advance, either online or if payment has been received by the Foundation office prior to the event.

One-off events: $10 per hour plus $5 at the door. Discount of $5 from the total if paid in advance, either online or if payment received by the Foundation office prior to the event.

- Event series will receive a bundle discount (to encourage commitment to entire series). Each event will be individually priced but no discount is given, for example, a three-part series as follows:
  - Three event series; each event is two hours.
  - Price at the door $25 per event (2 hours x $10 + $5 = $25 as per regular pricing routine).
  - Pay-up front bundle discount price of $60 (3 x $20).
  - No extra discount for online purchase since early-bird discount is already reflected.

Registration Information

Registration for all Friday night lectures can be made in advance or at the door.

Pre-register online or by phone with VISA, MasterCard, or by mailing or faxing the enclosed form with credit card information or cheque.

Pre-registration with payment is encouraged for all lectures, seminars, and workshops. Call the office to enquire about last-minute pre-registration. **N.B:** Courses will be cancelled, with full refund, if a minimum of five registrations have not been received by 14 days before the course is scheduled to begin.

General Refund Policy:

**Lectures:** Lecture registrations are not refundable but can be exchanged for another lecture up to one week prior to an event.

**Seminars and workshops:** Registrations can be exchanged for another event, or monies refunded, up to two weeks before the event within the 2012-2013 calendar year, less a $15 administration fee.
Ontario Association of Jungian Analysts

The activities of the C.G. Jung Foundation of Ontario are sponsored by the Ontario Association of Jungian Analysts (OAJA), a non-profit organization and a voting society of the International Association for Analytical Psychology.

Paul Adams, Dipl. Analyt. Psych. (OAJA), Windsor
John Affleck, Dipl. Analyt. Psych. (Zürich), Ottawa
Janice Bachman, Dipl. Analyt. Psych. (OAJA), Ohio
Andrew Benedetto, Dipl. Analyt. Psych. (OAJA), Toronto
Paul Benedetto, Dipl. Analyt. Psych. (Zürich), Guelph & Toronto
Robert Black, Dipl. Analyt. Psych. (OAJA), Toronto
Helen Brammer-Savlov, Dipl. Analyt. Psych. (IGAP), Toronto & Durham Region
Patricia Brannigan, Dipl. Analyt. Psych. (OAJA), Toronto
Douglas Cann, Dipl. Analyt. Psych. (IRSJA), London
Beverly Bond Clarkson, Dipl. Analyt. Psych. (New York), Toronto
Brian Collinson, Dipl. Analyt. Psych. (OAJA), Oakville
Jean Connon-Unda, Dipl. Analyt. Psych. (OAJA), Toronto
Geri Daigneault, Dipl. Analyt. Psych. (OAJA), Prince Edward County
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More extensive information, including contact information, is found on our website.

Fraser Boa Library, Word & Image Bookshop, and Office

~ Thursdays 11am-6pm ~
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