Fairy Tales
Fairy tales have captivated the imaginations of human beings around the world for generations. They are symbolic stories that contain universal themes which offer healing insight about dynamics of the psyche. Fairy tales convey essential wisdom about psychic realities such as recovering from loss, learning to start anew, as well as helping us to see some of our human frailty and strengths. Using nine fairy tales as a springboard for discussion, the group will explore what they tell us about navigating the psychological journey toward a more authentic sense of self. The first session will be structured to understand more of the Jungian approach towards a fairy tale.

3 Blackthorne Ave., Hamilton, between Upper Wentworth and Upper Wellington, off Mohawk Rd.
$225 IN ADVANCE FOR THE SERIES. MUST REGISTER FOR SERIES

Events in Toronto

Sat., Oct. 1, 19
10 a.m.-12.30 p.m.
Seminar at 14 Elm
Donna Morrison-Reed

Basic Principles of Jungian Psychology
Session One will deal with the concepts of ego, shadow, persona, and Self; Session Two with the contra-sexual (anima and animus) as well as the central concept of individuation.
Arts and Letters Club, 14 Elm St.
2 Sessions in advance: $40
Single session in advance $25; $30 at the door

Sat., Oct. 15 CANCELLED
10 a.m.-12 p.m., 12.30-2.30 p.m.
Film Seminar at 14 Elm
Andrew Sherwood

Hello, My Name is Doris
Hello, My Name is Doris, is a film that follows the events of a sixty-something year old woman who has lived with her mother until her mother’s death. While the film is replete with comedic elements and touching moments, it lends itself to a Jungian analysis. Considering the film through a Jungian lens provides opportunity to reflect on such concepts as: the parental complexes; how psyche’s demands differ between the first and second halves of life; persona and shadow; animus; friendship and experience; and the path of individuation. Jung himself frequently commented that insight alone was insufficient to bring about significant development / change. What is also required is that the individual act upon the newly acquired awareness. The film is noteworthy, in part, because Doris not only gains insight (albeit through painful steps through the development of consciousness) but because she brings her newly found insight into lived experience.
The film will be shown in the morning; the afternoon’s discussion will follow a half hour break.
Arts and Letters Club, 14 Elm St. CANCELLED
$40 in advance; $45 at the door
Fri., Oct. 21
7.30-9.30 p.m.
Lecture at 14 Elm

Boshira Toomey

A Brief Summary of Contra-sexual Psychology
This lecture incorporates ways of understanding from Classical Greek antiquity (Pindar, Hesiod, Aristotle, etc.) and European literature. Sappho’s ‘double female consciousness’ will assist in de-mythologizing sex/gender cultural ideals, including LGBT identity and its Greek myth antecedents. Jung’s Salome/Elijah motif is considered as well as Shakespeare’s gender specificity and androgynous role-playing via Portia, Rosalind and Viola. Underlying this brief summary is Jung’s premise that psyche is a ‘stronghold of ancestral conservatism,’ yet also ‘a creative factor’… ‘a bold innovator.’

Arts and Letters Club, 14 Elm St.
Members; $20 in advance or at the door
Sustaining Members: Free
Non-Members: $20 in advance; $25 at the door

7-9 p.m.
Discussion

Margaret Meredith

Conversations on the Journey
Our conversations will consider the individual and collective implications of Jung’s insights as outlined in The Undiscovered Self (1957), New York: Signet Books

Bloor Street United Church, Board Room, 300 Bloor St. W. (Bloor and Huron Streets)
$80 in advance for the series
Single session: $20 in advance; $25 at the door

Sat., Nov. 5, 12, Dec. 3
10 a.m.-12.30 p.m.
Seminar at 14 Elm

Graham Jackson

Working with Dreams
We will consider Jung’s theories of dream interpretation as we look at actual dreams. The compensatory nature of dreams, their symbolic content, common dream images, and questions from participants will be considered.

Arts and Letters Club, 14 Elm St.
$75 in advance for the series
$25 single session in advance; $30 at the door

Sat., Jan. 28
10 a.m.-12.30 p.m.
Lecture/Discussion at 14 Elm

Roger LaRade

Angkor: Architecture of the Archetypes
POSTPONED

UNESCO describes Angkor, in Cambodia’s northern province of Siem Rep, thus: “…one of the most important architectural sites of Southeast Asia. It extends over approximately 400 square kilometres and consists of scores of temples, hydraulic structures… as well as communication routes…. Temples such as Angkor Wat, the Bayon, Preah Khan and Ta Prohm, exemplars of Khmer architecture, are closely linked to their geographical context as well as being imbued with symbolic significance. Angkor is therefore a major site exemplifying cultural, religious and symbolic values, as well as containing high architectural, archaeological and artistic significance.” This talk will draw on the presenter’s recent voyage to Southeast Asia.

Arts and Letters Club, 14 Elm St. POSTPONED
Members: $20 in advance or at the door
Sustaining Members: Free
Non-Members: $20 in advance; $25 at the door
Bizet’s Carmen is one of the most famous operas, popular with audiences and critics alike. Although it created outrage with its first performance in 1875, it has since become immensely successful and is a part of most major opera companies’ regular repertoire. A sure way to attract an audience is to mount a production of Carmen.

What is it about the opera that resonates so deeply with audiences? The heroine embodies primal passions and patterns of behaviour which raise her to the level of the universal. She is Eros, Venus incarnated; her colourful personality makes her a manifestation of the life force. She is linked to the powerful goddesses of classical antiquity. Nietzsche considered Carmen a Dionysian drama.

We will explore the anima and animus figures of the opera as well as the representations of the Dionysian world: the drinking and dancing, the sexual freedom, and the chaotic, dangerous and unexpected energy that characterizes the heroine. We will also look at the relationship between sexual emancipation and death.

The seminar will present excerpts from different adaptations of Carmen (opera, cinema, ballet), which have ensured that the myth retains its power for every generation.

Arts and Letters Club, 14 Elm St. POSTPONED

$30 in advance; $35 at the door

Robert Gardner

Enemy and The Spider’s Web POSTPONED

Set in Toronto and directed by Denis Villeneuve, Enemy revolves around the motif of the double or doppelgänger. Adam Bell becomes intrigued when he watches a movie and sees a character identical in appearance to himself. He then sets out to discover who this actor is. The film shows that, despite their striking resemblance, the men relate very differently to the women in their lives. Also, how is the motif of the spider relevant to this drama? And does the film comment on the soul of our city.

Format: a 30-minute presentation followed by a discussion. Participants are asked to view the film beforehand: Enemy, dir. by Denis Villeneuve, 2013

Arts and Letters Club, 14 Elm St. POSTPONED

$25 in advance

$30 at the door

Mary Tomlinson

Jung’s Model of Typology

We are all by now at least superficially familiar with Jung’s attitudes - extraversion and introversion - and types - thinking, feeling, sensation, and intuition. This seminar will examine these concepts in greater detail, with reference to the various tests used to determine a person’s ‘type.’

Arts and Letters Club, 14 Elm St.

$25 in advance; $30 at the door
Fri., Mar. 24
7.30-9.30 p.m.
Lecture at 14 Elm

Boshira Toomey

**The Dark Other in the Cult of Childhood**

We will examine a compliant child’s temperament and potential resistance to dependency, vulnerability, and human weakness through findings in trauma literature, Greek mythopoetic themes, European literary narrative, Kalsched’s ‘self-care system’ and Ferenczi’s ‘identification with the aggressor’. Jung’s view of a problematic child and ‘one-sided extravagances of consciousness’ are also considered.

Arts and Letters Club, 14 Elm St.
Members: $20 in advance or at the door
Sustaining Members: Free
Non-Members: $20 in advance; $25 at the door

Sat., Apr. 1, 8
10.a.m.-12.30 p.m.
Seminar at 14 Elm

Dorothy Gardner

**From Grimm to Reality: David Hockney Envisions Fairy Tales**

David Hockney was completely captivated by the stories collected by the Brothers Grimm, and went on to illustrate six of them. Imaginative and unconventional, his interpretations reinforce the view that fairy tales have much to say to adults, especially when viewed psychologically. Come and explore how these tales can enrich our understanding of typical dilemmas we find ourselves entangled in, and how these dilemmas can connect us with surprisingly helpful sources within us.

Arts and Letters Club, 14 Elm St.
$25 in advance; $30 at the door

Sat., May 13
10 a.m.-12.30 p.m.
Seminar at 14 Elm

Mary Tomlinson

**The Symbolism of Evil**

Jung defines the word ‘symbol’ as the best possible means of conveying that which cannot be conveyed. How are evil, malice, and all means of malicious darkness represented symbolically in religion, myths, fairy tales, film, literature and dreams? How are Shadow and projection manifested as evil in the world? And does the symbol provide us with a means of integration?

Arts and Letters Club, 14 Elm St.
$25 in advance; $30 at the door